

Leitrim Adult Education Guidance Service

Contact us:

Niamh Brennan

Guidance Counsellor
LEAP Centre
Presentation House
Main Street
Carrick-on-Shannon
Co. Leitrim

Jane Stenson

Information Officer
LEAP Centre
Presentation House
Main Street
Carrick-on-Shannon
Co. Leitrim

FREE & CONFIDENTIAL

Call or email for information or make an appointment:

phone: (071) 9621371

e-mail: leitrimadultguidance@eircom.net

or

Drop In:

9am-1.00pm & 2.00pm-4.00pm Monday to Friday

We will also provide an outreach service in the various course centres throughout the county.

Please call us for further details.



Adult Education Guidance Service

LEAP Centre
Presentation House
Main St
Carrick-on-Shannon
Co Leitrim

web: www.leitrimvec.ie
email: leitrimadultguidance@eircom.net
phone: 071 962 1371
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County Leitrim Vocational Education Committee





Leitrim Adult Education Guidance Service

your next step...

we offer information, advice & guidance on
training, education & careers

all information free and confidential

County Leitrim Vocational Education Committee

Who can we help?

Returning to education is a big step and we can help you with it. Our service is free of charge, confidential, friendly and informal.

Adult Education Guidance Service is for adults who:

- Are thinking about returning to or continuing with their education
- Want to explore new forms of further education and training
- Want to make a fresh start



We can help you to:

- Identify your skills, interests and goals in life
- Look at your choices, options and opportunities
- Explore barriers and issues that are holding you back

What can we do for you:

- One to one and group sessions with a guidance counsellor
- Access to information on colleges, further education, training courses and careers.
- Advice on funding opportunities
- Access to a network of support organisations
- Job search skills, CV preparation, study skills, interview techniques and assistance with application forms.

I want to make a change but I don't know where to start

There are many different pathways open for lifelong learning. Here is a sample of some ways to take that first step:

Adult Basic Education Scheme

Brush up on your reading, writing, language, maths and computer skills

Further Education

Take up a daytime, evening, full-time or parttime course for fun or to gain certification

Higher Education

Pursue a course at a higher level through an Institute of Technology or a University. This can be done on a part-time, full-time or a distance learning basis.

Other training opportunities such as FAS, TEAGASC & FAILTE Ireland

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